

Rapid Revision

Read – Transform – Recall

A one-hour interactive workshop that equips students with practical, actionable strategies that they can use immediately in their studies and revision. By empowering students with the skills they need to succeed, this workshop will build confidence in their ability to study independently, revise and achieve their academic goals.

RATIONALE

Revision strategies are the activities necessary to prepare for and take exams, including self-testing, time management, memorising and retrieval. McCabe (2011) showed that the majority of students are unfamiliar with existing revision strategies that could enhance performance, suggesting that training students in applied learning and memory would benefit their metacognitive judgement. We aim to bridge this gap by introducing your students to a range of thinking skills covering key aspects of revision and exam preparation, equipping them with the knowledge needed to identify which revision techniques will work best for them. A systematic review of meta-analyses found that students' attainment is higher when they employ a strategic approach to learning (Schneider & Preckel, 2017). Therefore, it is essential to prioritise the development of effective revision strategies for students, in order to help them achieve their academic goals. The skills learnt within this fast-paced workshop will allow your students to plan and implement their revision in an efficient and successful manner.

Evidence suggests that disadvantaged pupils are less likely to use metacognitive strategies without being explicitly taught them.

EEF Toolkit

OBJECTIVES

- To learn and master a range of effective revision strategies.
- To reduce anxiety and stress associated with revision.
- To build confidence in their own abilities and potential.
- To know how to use revision time effectively and efficiently.

SKILLS taught and their BENEFITS

Active Reading involves more than simply reading a text - it involves questioning, reflecting, and evaluating the information presented in the text. With this skill, your students will become focused and proficient readers.

Mind Mapping is used to visually organise information within a hierarchy, showing relationships between topics and ideas, which can help students better understand and remember the material.

Revision Planning is essential for effective study, as it helps students make the most of their time and avoid burnout.

Cue Cards are useful tools for memorisation, as they encourage students to condense and filter information, which can improve understanding and retention.

The Leitner System is an approach to revision that uses increasing time intervals for testing and retrieval which improves long-term memory.

Spaced Learning improves retention by utilising short, focused periods of study alongside changes in cognitive and metacognitive approaches for learning. Your students will be inspired and motivated to use their time efficiently.

87% of students found that they "now know how to revise effectively for exams".

Survey from 1199 students conducted by Greater Manchester Higher on MADE Training.

OUTCOMES

By the end of the workshop, your students will have:

- Identified which revision techniques work best for them.
- Developed effective strategies for revision planning and time management.
- Improved their memory skills and metacognitive abilities.
- Gained confidence in their own abilities and potential.
- Increased motivation and reduced stress levels connected to revision and exams.
- Developed a positive attitude towards revision and exam preparation.

GATSBY Benchmarks: 3,6
NERUPI Framework: Practise
PSHE Core: Living in the wider world

Statutory Guidance, Curriculum and Frameworks